



MYRNA C. IGNACIO-SHIHAN

Founder | Chairwoman

BAKMARI HK & MACAU

6th DAN BLACK BELT

Myrna is a highly distinguished martial artist and leader whose career spans over three decades. Her journey began in **1994**, and her unwavering dedication to the discipline has seen her rise to the rank of **6th Dan Rokudan** under the guidance of **Hanshi Mario Arthur**.

Beyond her personal practice, Myrna is a visionary founder and the Chairperson of **BAKMARI** (Black Authentic Karatedo Martial Arts Ryu International). Throughout her time in Hong Kong, she has served as a pillar of empowerment, guiding numerous federations and inspiring a new generation of practitioners through her expertise and leadership.

Academically, she holds a degree in **Business Administration from Arellano University** in Manila, Philippines. Balancing her professional and martial arts pursuits, she is also a proud matriarch of a successful family, including two sons and two daughters.

Timeline of Martial Arts & Leadership Achievements

The Formative Years (1994 – 2005)

- **1994:** Commenced formal training in Karate, marking the beginning of a lifelong commitment to martial arts that has now spanned 32 years.
- **2000:** Achieved significant competitive success as a **Gold Medalist in Kata** at a major competition in Manila, under the mentorship of Travador Ramos.
- **2003:** Expanded her international reach as a prominent **Player and Fighter in Hong Kong**, training under Master Antolin Moroña.
- **2003 – 2008:** Served a five-year tenure as the **President of Combat Arnis Hong Kong**, operating under Shihan Ricky Aranza.
- **2005:** Secured the **1st Runner-Up** position in the Individual Kumite Competition at the Bayanihan Martial Arts event in Hong Kong.

Establishing a Legacy (2006 – 2014)

- **2006:** Continued her winning streak as a **Gold Medalist** at the Kaiado Ryu International Competition.

- **September 3, 2008:** Founded the **Black Arnis Karatedo Martial Arts Association (BAKMAA)** in Ma On Shan, New Territories, HK, under Shihan Redempto Baluyos.
- **2009:** Joined AIKIDO Training Group Seminar in Hong Kong.
- **June 28, 2010:** Established **BAKMARI** (Black Authentic Karatedo Martial Arts Ryu International) in Tai Po, HK, serving as its Founder and Chairperson.
- **August 18, 2010:** Appointed **President and Chief Instructor** of the Black Tiger Arnis group in Hung Hom.
- **2011:** Expanded her influence by opening the **Wanchai Branch of BAKMAA**.
- **2013:** Successfully passed the rigorous **Referee and Judge Examinations** for the Philippine Karatedo Federation (PKF).
- **2014:** Inducted as a member of the **Black Panther Consolidated Martial Arts International**, under Grandmaster Professor Frankie S. Sarenas.

International Growth & Technical Mastery (2015 – 2018)

- **January 1, 2015:** Successfully passed the **WKF Kata & Kumite Competition (Revision 9.0)** in Hong Kong.
- **2015:** Formally obtained her **Instructor License in Arnis** in Hong Kong, under the tutelage of Kyoshi Mansueto Pantillanan.
- **2016:** Joined the **Philippine Amateur Karatedo Organization (PAKO)** under Kyoshi Oscar R. Del Rosario.
- **2016:** Diversified her tactical skills as a member of the **Force Recon Airsoft Group HK (FRAG)** under Shihan Ramil Sicuan.
- **2016 – 2018:** Served as a **Senior Adviser** for the Philippine Shotokan Karatedo Association in Hong Kong.
- **January 24, 2017:** Joined the **World United Karatedo Organization (WUKO)** and earned **1st Runner-Up** at the WUKO Invitational Tournament.
- **October 15, 2017:** Became a **Certified Member** of the Ryu Kyu Suidi Kobudo Full Contact in Okinawa, Japan.
- **December 1, 2017:** Formally registered as a member of the **Philippine Karatedo Federation (PKF)**.
- **March 2018:** Passed the international **Kumite and Judging Referee exams** for the Asia Pacific Traditional Karatedo Alliance (APTKA) at the Japan Honbu, under Ira Watanabe.
- **June 17, 2018:** Inducted into the **Shorin Ryu Shi-Dokan** under Hanshi Alberto H. Presinacula.
- **November 25, 2018:** Spearheaded and organized the **1st BAKMARI Major Tournament** held at Stanley, Hong Kong.

Modern Leadership & Global Recognition (2019 – Present)

- **2019:** Became a recognized member of **Golden Dragon Shotokan**.

- **2019:** Established BAKMARI (Black Authentic Karatedo Martial Arts Ryu International) in MACAU.
- **September 14, 2019:** Organized and led the **1st HMAS Invitational Seminar** in Hong Kong.
- **September 15, 2019:** Hosted the **1st HMAS Open Invitational Cup Tournament**, organized through BAKMARI under the supervision of Hanshi Mario Arthur.
- **February 10, 2021:** Successfully led **BAKMARI** to become a recognized member of the **World Karate Martial Arts Organization (WKMO)**.
- **November 28, 2020:** **Judge** in Virtual Online Karate E-Kata Tournament of 3rd **Hakuakai Japan International**.
- **January 2, 2021 – 2024:** Member of **Karate Pilipinas (KPI)**.
- **2021 – 2024:** Became President of **HMAS Hong Kong**.
- **April 30, 2023:** Facilitated and attended the **4th AMAS Invitational Training Seminar**.
- **May 1, 2023:** Managed the **HMAS & UFMA Interclub Tournament**.
- **September 30, 2023:** Served as an official **Judge and Referee** for the HMAS UFMA Seminar.
- **October 2, 2023:** Successfully organized the **5th HMAS-UFMA International Tournament** via BAKMARI, alongside Hanshi Mario Arthur.
- **December 1, 2024** Became Executive Board Vice President of Asia/Oceanic Region in United Federation of Martial Arts (UFMA) under Soke Mario Arthur.
- **May 31, 2025** Organized **UFMA & HMAS** Invitational Seminar 2025.
- **June 1, 2025:** Bakmari 6th UFMA & HMAS **Open Cup Tournament** at Bayanihan Hong Kong, with **200** players and participants.

Myrna's journey in the field of Martial Arts and Arnis has been a successful one as a fighter, leader, instructor, and founder of various karate groups and associations. She is still continuing her passion to help people in the name of Martial Arts.

“RESPECT IS EARNED NOT GIVEN”